

Start-up Actions and Outcomes: What Entrepreneurs Do to Reach Profitability

Paul D. Reynolds
Aston Business School
United Kingdom
pauldavidsonreynolds@gmail.com

now

the essence of knowledge

Boston — Delft

Foundations and Trends[®] in Entrepreneurship

Published, sold and distributed by:

now Publishers Inc.
PO Box 1024
Hanover, MA 02339
United States
Tel. +1-781-985-4510
www.nowpublishers.com
sales@nowpublishers.com

Outside North America:

now Publishers Inc.
PO Box 179
2600 AD Delft
The Netherlands
Tel. +31-6-51115274

The preferred citation for this publication is

P. D. Reynolds. *Start-up Actions and Outcomes: What Entrepreneurs Do to Reach Profitability*. Foundations and Trends[®] in Entrepreneurship, vol. 12, no. 6, pp. 443–559, 2016.

This Foundations and Trends[®] issue was typeset in L^AT_EX using a class file designed by Neal Parikh. Printed on acid-free paper.

ISBN: 978-1-68083-229-7

© 2016 P. D. Reynolds

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, mechanical, photocopying, recording or otherwise, without prior written permission of the publishers.

Photocopying. In the USA: This journal is registered at the Copyright Clearance Center, Inc., 222 Rosewood Drive, Danvers, MA 01923. Authorization to photocopy items for internal or personal use, or the internal or personal use of specific clients, is granted by now Publishers Inc for users registered with the Copyright Clearance Center (CCC). The 'services' for users can be found on the internet at: www.copyright.com

For those organizations that have been granted a photocopy license, a separate system of payment has been arranged. Authorization does not extend to other kinds of copying, such as that for general distribution, for advertising or promotional purposes, for creating new collective works, or for resale. In the rest of the world: Permission to photocopy must be obtained from the copyright owner. Please apply to now Publishers Inc., PO Box 1024, Hanover, MA 02339, USA; Tel. +1 781 871 0245; www.nowpublishers.com; sales@nowpublishers.com

now Publishers Inc. has an exclusive license to publish this material worldwide. Permission to use this content must be obtained from the copyright license holder. Please apply to now Publishers, PO Box 179, 2600 AD Delft, The Netherlands, www.nowpublishers.com; e-mail: sales@nowpublishers.com

Foundations and Trends® in Entrepreneurship

Volume 12, Issue 6, 2016

Editorial Board

Editors-in-Chief

Albert N. Link

University of North Carolina
at Greensboro, United States

David B. Audretsch

Indiana University,
United States

Mike Wright

Imperial College London,
United Kingdom

Editors

Howard Aldrich

University of North Carolina

Sharon Alvarez

University of Denver

Per Davidsson

Queensland University of Technology

Michael Frese

National University of Singapore

William B. Gartner

Copenhagen Business School

Magnus Henrekson

IFN Stockholm

Michael A. Hitt

Texas A&M University

Joshua Lerner

Harvard University

Jeff McMullen

Indiana University

Maria Minniti

Syracuse University

Simon Parker

University of Western Ontario

Holger Patzelt

TU Munich

Saras Sarasvathy

University of Virginia

Roy Thurik

Erasmus University

Editorial Scope

Topics

Foundations and Trends® in Entrepreneurship publishes survey and tutorial articles in the following topics:

- Nascent and start-up entrepreneurs
- Opportunity recognition
- New venture creation process
- Business formation
- Firm ownership
- Market value and firm growth
- Franchising
- Managerial characteristics and behavior of entrepreneurs
- Strategic alliances and networks
- Government programs and public policy
- Gender and ethnicity
- New business financing
- Family-owned firms
- Management structure, governance and performance
- Corporate entrepreneurship
- High technology
- Small business and economic growth

Information for Librarians

Foundations and Trends® in Entrepreneurship, 2016, Volume 12, 6 issues. ISSN paper version 1551-3114. ISSN online version 1551-3122. Also available as a combined paper and online subscription.

Foundations and Trends® in Entrepreneurship
Vol. 12, No. 6 (2016) 443–559
© 2016 P. D. Reynolds
DOI: 10.1561/03000000071



Start-up Actions and Outcomes: What Entrepreneurs Do to Reach Profitability

Paul D. Reynolds*
Aston Business School
United Kingdom
pauldavidsonreynolds@gmail.com

*Comments of the editors and an anonymous reviewer were the basis for substantial improvements in the presentation and were much appreciated. The author, however, is fully responsible for all errors of commission or omission.

Contents

1	Introduction	2
2	Conceptualizing Firm Creation	6
3	Entry into Business Creation	9
	3.1 Starting a Business: Role of Business Planning	10
	3.2 A Broader Assessment	13
4	Tracking Business Creation: The PSED Protocol	14
5	Overview of the Business Start-up Process	19
	5.1 Prevalence of Start-up Activities	23
	5.2 Amount of Start-up Activity and Outcomes	32
	5.3 Specific Start-up Activities and Outcomes	34
6	Initiating Start-up Activities and Outcomes	38
7	Assessing Relative Impact of Start-up Activities	42
	7.1 Start-up Activity Indices	49
8	Multi-Variate analysis: Identifying Critical Factors	55
	8.1 Linear Additive Models and Step-wise Regression	55
	8.2 Identifying Interaction among Start-up Factors	60

8.3 Overview: Factors Affecting Outcomes and Times to Outcomes	67
9 Which Activities affect Start-up Outcomes	71
9.1 Linear Additive Models and Step-wise Regression	71
9.2 Identifying Interaction among Start-up Activities	74
9.3 Overview: Start-up Activities Affecting Start-up Outcomes	79
10 Overview and Implications	83
10.1 For Nascent Entrepreneurs	86
10.2 For Policy Makers	88
10.3 For Understanding of Business Creation	89
Appendices	93
A Aggregation, Harmonization of Five PSED Cohorts	94
B Inter-correlation Among Start-up Activities Initiate in First 24 Months	98
C Decision Tree Interactive Models: All Independent Variables	101
D Decision Tree Interactive Models: All Independent Variable Except Total Start-up Activity	107
References	113

Abstract

Globally, hundreds of millions enter the firm creation process every year. About a third will actually develop a profitable new firm. Understanding how these successful efforts reach initial profits has been a major challenge for entrepreneurial scholars. A recently developed research protocol has involved systematic collection of data on the start-up activities of representative samples of nascent ventures and tracking their outcomes; a number of Panel Study of Entrepreneurial Dynamics [PSED] projects have been completed. Assembling data from five PSED cohorts in four countries has allowed for attention to the effect of start-up activities on the outcomes of a harmonized sample of 2,500 nascent ventures. There is no difference in outcomes related to the gender of the nascent entrepreneur, a small effect associated with age, and modest impacts associated with educational attainment, work history, and experience with other start-up initiatives. There is a systematic country effect; the U.S. has a lower proportion of profitable new firms than Australia, China, or Sweden. Many aspects of the start-up effort are related to the outcomes. A greater range of start-up activities early in the start-up process is associated with profitability, less terminations, and fewer with a long tenure in the start-up process. Activities emphasizing promotion of the nascent venture, assembling a firm infrastructure, and implementing a production process are associated with initial profitability and fewer terminations. Business planning increases the tendency to quit and reduces the proportion active in the start-up process. It may reduce the time to reach disengagement. Implementing of promotion, infrastructure development, and establishing a production process also reduces the time to reach initial profits. The results have implications for both aspiring entrepreneurs and policy development.

P. D. Reynolds. *Start-up Actions and Outcomes: What Entrepreneurs Do to Reach Profitability*. Foundations and Trends[®] in Entrepreneurship, vol. 12, no. 6, pp. 443–559, 2016.

DOI: 10.1561/03000000071

1

Introduction

Business creation, a fundamental feature of entrepreneurship, is not only widespread, with over 250 million efforts in place around the world, it is a core aspect of modern market economies.¹ New firms are a major source of new jobs, economic innovation and adaptation, as well as a major career option for hundreds of millions.² There is now substantial interest in facilitating firm creation by political leaders at all levels of government in all parts of the world, to say nothing of the strong attraction for millions of young adults exploring work career options. This has led to considerable efforts to promote business creation by educational institutions, government agencies, not for profits, and international organization. A substantial commercial sector facilitating entrepreneurship has also emerged.

Business creation can be considered a two-stage process. The first stage, entry into the start-up process, begins when individuals or a team takes action to create a new business. The second stage involves the efforts to create a profitable firm, which is completed by a transition to

¹Estimates of the scope of participation are provided in [Reynolds \(2012, 2015a\)](#).

²Summary overview by [Van Praag and Versloot, 2007](#). A recent assessment on job creation is provided by [Lawless \(2014\)](#).

profitability or disengagement. While a number of factors may affect achieving profitability, most would assume that what is done in the start-up process has a major effect. There is no shortage of books, programs, seminars, workshops, media experts, and the like standing ready to offer advice on how entrepreneurs should proceed. This mass of cheerleaders and coaches find it exciting and profitable to promote entrepreneurship, particularly if someone else bears the risks.

But what is the risk? What proportion of those coordinating people, resources, and ideas to implement a new venture actually reach profitability? The best available evidence suggests that only one in three active in business creation achieve initial profits after six years.³

The majority of start-up efforts, therefore, do not reach profitability. While the positive impact of vigorous business creation on economic growth is widely recognized, the total social cost of the entrepreneurial sector is not well understood. And until a nascent venture reach profitability, the owners—and sponsors—will not recoup their financial investments and the start-up team will have little—except experience—to show for their sweat equity. An analysis of the early years of the sunk costs associated with two U.S. cohorts of nascent ventures found that 80% of the time and money invested in start-ups were in ventures that did not achieve profitability a year after entering the process.⁴ While the average invested in still-born start-ups is less than those achieving profitability, the much larger number of initiatives leads to a larger aggregate sunk costs.

But the development of effective educational procedures and public policies to promote firm creation has been hampered by little reliable knowledge about the entrepreneurial process. There is little solid information on a wide range of issues, such as:

- What proportion of start-up efforts reach initial profits?

³This is consistent with a recent global assessment comparing the prevalence of those in the pre-profit phase with the prevalence of those managing a new firm, profitable for up to 18 months (Bergmann and Stephan, 2012). Across 48 countries there were about three nascent entrepreneurs in the pre-profit stage for each new firm owner.

⁴Reynolds and Curtin (2009).

- How long does it take to determine the outcome after entering business creation?
- What do start-up teams do to implement new firms?⁵
- What is unique about efforts that become profitable new firms?

The major complication has been the absence of reliable, detailed descriptions of representative samples of nascent ventures during the start-up process. This would involve longitudinal data collection that tracks a cohort of nascent ventures from the beginning, when the first steps are taken to implement a new firm, to the final resolution, when the initiative has either reached initial profits or been abandoned by the start-up team. Such projects have now been completed and this unique resource is the basis for the following analysis.

The primary objective of this assessment is to provide a description of the firm creation process based on five harmonized data sets from four countries that track the business creation process. As all are based on representative samples, this is an unprecedented portrayal.

The second objective is to explore the role of start-up activities on the outcomes for these nascent ventures. Outcomes include not only whether they reach profitability or disengage but how long it takes to achieve a resolution. The sooner a start-up team can determine if a nascent venture is profitable or hopeless the lower the sunk costs.

The presentation begins with a review of the conceptualization of business creation, followed by a discussion of assessments of the role of business planning, the start-up activity that has received the most attention in relation to outcomes. A summary of the Panel Study of Entrepreneurial Dynamics (PSED) protocol describes the basis for the five cohort data set. Description of the outcomes reported in the first 72 months after entering the start-up process clarifies the nature of the dependent variables. Presenting the prevalence and timing of 19 activities associated with the start-up process provides a unique, detailed

⁵There is an enormous literature of participant observation of “firms in development,” often gathering much retrospective information, using samples of convenience (Mueller, Volery, and von Siemens, 2012). The following assessment is distinctive in utilizing representative samples of nascent ventures.

description of how nascent teams pursue business creation. Attention to the effect of specific activities on the outcomes indicates the presence of complex interrelationships. A factor analysis is the basis for multi-item indices that represent six domains of start-up activity. All start-up domains have a significant relationship to the outcomes and the time required to reach an outcome.

To identify the impact of different background factors and start-up domains on outcomes two assessments are completed. First, linear additive models are developed using stepwise regression. Second, interactions among factors are identified using a three level decision tree assessment. In both there are major differences related to the host country and the total amount of start-up activity. To identify the impact of specific start-up domains, the assessments are replicated without measures of total start-up activity. The final section summarizes the major patterns and the implications for those starting new firms, developing public policy, or planning the next stages of research.

Most analysis of start-up activity that may affect outcomes has focused on the development of business plans. Most of this, however, has considered business planning in isolation; there has been little research comparing the implementation of business planning in relation to the impact of other activities associated with the start-up process. The following assessment indicates a statistically significant relationship between business planning and outcomes, but with less impact than other start-up activities. Efforts to determine customer acceptance and organize a new venture appears to be have more impact on the outcomes. The major benefit of business planning appears to be on reducing the time required to reach an outcome. It is highly associated with speeding up decisions to abandon a start-up venture.

References

- Barnard, C. I. (1951). *The Functions of the Executive*. Cambridge, MA: Harvard U. Press.
- Bergmann, H. and U. Stephan (2012). Moving on from nascent entrepreneurship: measuring cross-national differences in the transition to new business ownership. *Small Business Economics* 41, 945–959.
- Brinckmann, J., D. Grichnik, and D. Kapsa (2010). Should entrepreneurs plan or just storm the castle? A meta-analysis on contextual factors impacting the business planning-performance relationship in small firms. *Journal of Business Venturing* 25, 24–40.
- Burke, A., S. Fraser, and F. J. Greene (2010). The Multiple Effects of Business Planning on New Venture Performance. *Journal of Management Studies* 47(3), 391–415.
- Bush, C. G., T. S. Manolova, and L. F. Edelman (2008). Properties of Emerging Organizations: An empirical test. *Journal of Business Venturing* 23, 547–566.
- Campbell, J. R. and M. D. Nardi (2009). A conversation with 590 Nascent Entrepreneurs. *Annals of Finance* 5, 313–340.
- Chwolka, A. and M. G. Raith (2012). The value of business planning before start-up-A decision-theoretical perspective. *Journal of Business Venturing* 27, 385–399.
- Davidsson, P. (2015). Data replication and extension: A commentary. *Journal of Business Venturing Insights* 3, 12–15.

- Davidsson, P. and S. R. Gordon (2012). Panel studies of new venture creation: a methods-focused review and suggestion for future research. *Small Business Economics* 39, 853–876.
- Delmar, F. (2015a). A response to Honig and Samuelsson. *Journal of Business Venturing Insights* 3, 1–4.
- Delmar, F. (2015b). When the dust had settled: A final note on replication. *Journal of Business Venturing Insights* 4, 20–21.
- Delmar, F. and P. Davidsson (2000). Where do they come from? Prevalence and characteristics of nascent entrepreneurs. *Entrepreneurship & Regional Development* 12(1), 1–23.
- Delmar, F. and S. Shane (2003). Does Business Planning Facilitate the Development of New Ventures. *Strategic Management Journal* 24, 1165–1185.
- Delmar, F. and S. Shane (2004). Legitimizing first: organizing activities and the survival of new ventures. *Journal of Business Venturing* 19, 385–410.
- Frid, C. (2015). *Publications Based on the Panel Study of Entrepreneurial Dynamics*. Ann Arbor: MI: University of Michigan, PSED website ('www.psed.isr.umich').
- Gartner, W. B., N. M. Carter, and P. D. Reynolds (2004). Business Start-up Activities. In W. B. Gartner et al (Ed.), *Handbook of Entrepreneurial Dynamics: The Process of Business Creation*, Chapter 26, pp. 285–298. Thousand Oaks, CA: Sage.
- Gartner, W. B. and K. G. Shaver (2012). Nascent entrepreneurship panel studies: progress and challenges. *Small Business Economics* 39, 659–665.
- Gatewood, E. J., K. G. Shaver, and W. B. Gartner (1995). A Longitudinal Study of Cognitive Factors Influencing Start-up Behaviors and Success at Venture Creation. *Journal of Business Venturing* 10, 371–391.
- Gielnik, M. M., S. Barabas, M. Frese, R. Namatovu-Dawa, F. A. Scholz, J. R. Metzger, and T. Walter (2014). A Temporal analysis of how entrepreneurial goal intentions, positive fantasies, and action planning affect starting a new venture when the effects wear off. *Journal of Business Venturing* 29, 755–772.
- Hamilton, B. H. and J. A. Nickerson (2003). Correcting for endogeneity in strategic management research. *Strategic Organization* 1(1), 51–78.
- Honig, B. and T. Karlsson (2004). Institutional Forces and the Written Business Plan. *Journal of Management* 30(1), 29–48.

- Honig, B. and M. Samuelsson (2014). Data replication and extension: A Study of business planning and venture-level performance. *Journal of Business Venturing Insights* 1-2, 18–25.
- Honig, B. and M. Samuelsson (2015). Replication in entrepreneurship research: a further response to Delmar. *Journal of Business Venturing Insights* 13, 30–34.
- Hopp, C. and R. Sonderegger (2015). Understanding the dynamics of Nascent entrepreneurship—Prestart-Up experience, Intentions and Entrepreneurial Success. *Journal of Small Business Management* 53(4), 1076–1096.
- Katz, J. and W. B. Gartner (1988). Properties of emerging organizations. *Academy of Management Review* 13(3), 429–441.
- Kessler, A. and H. Frank (2009). Nascent Entrepreneurship in a Longitudinal Perspective: The Impact of Person, Environment, Resources and the Founding Process on the Decision to Start Business Activities. *International Small Business Journal* 27(6), 720–742.
- Kreiser, P. M., P. C. Patel, and J. O. Fiet (2013). The Influence of Changes in Social Capital on Firm-Founding Activities. *Entrepreneurship Theory and Practice*, May, 539–567.
- Lawless, M. (2014). Age or size? Contributions to job creation. *Small Business Economics* 42, 815–830.
- Liao, J. and W. B. Gartner (2006). The Effects of Pre-venture Plan Timing and Perceived Environmental Uncertainty on the Persistence of Emerging Firms. *Small Business Economics* 27, 23–40.
- Liao, J. and H. Welsch (2008). Patterns of venture gestation process: Exploring the differences between tech and non-tech nascent entrepreneurs. *Journal of High Technology Management Research* 19, 103–113.
- Liao, J., H. Welsch, and W.-L. Tan (2005). Venture gestation pathes of nascent entrepreneurs: Exploring the temporal patterns. *Journal of High Technology Management Research* 16, 1–22.
- Lichtenstein, B. B., N. M. Carter, K. J. Dooley, and W. B. Gartner (2007). Complexity dynamics of nascent entrepreneurship. *Journal of Business Venturing* 22, 236–261.
- Meyer, M., D. Libaers, B. Thijs, K. Grant, W. Glanzel, and K. Debackere (2014). Origin and emergence of entrepreneurship as a research field. *Scientometrics* 98, 473–485.

- Mueller, S., T. Volery, and B. von Siemens (2012). What do entrepreneurs actually do? An Observational Study of Entrepreneurs Everyday Behavior in the Start-up and Growth Stages. *Entrepreneurship Theory and Practice*, September, 995–1017.
- National Science Foundation (2016). NSF Innovation Corps., www.nsf.gov/news/special_reports/i_corps.
- Osterwalder, A. and Y. Pigneur (2013). *Business Model Generation: A Handbook for Visionaries, Game Changers, and Challengers*. New York: Wiley.
- Ramos-Rodriguez, A. R., S. Martinez-Fierro, J. A. Medina-Garrido, and J. Ruiz-Navarro (2015). Global entrepreneurship monitor versus panel study of entrepreneurial dynamics: comparing their intellectual structures. *International Entrepreneurship and Management Journal* 11, 571–597.
- Reiss, E. (2011). *The Lean Start-up*. New York City: Penquin Random House, Crown Business.
- Reynolds, P. D. (2007). New Firm Creation in the U.S.: A PSED I Overview. *Foundations and Trends in Entrepreneurship* 3(1), 1–149.
- Reynolds, P. D. (2012). Entrepreneurship in Developing Economies: The Bottom Billions and Business Creation. *Foundations and Trends in Entrepreneurship* 8(3), 141–277.
- Reynolds, P. D. (2015a). Business Creation Stability: Why is it so Hard to Increase Entrepreneurship? *Foundations and Trends in Entrepreneurship* 10(5-6), 321–475.
- Reynolds, P. D. (2015b). When is a Firm Born? Alternative Criteria and Consequences. *Peer Review Paper Session, Vancouver, BC, Canada, Academy of Management Annual Meeting*, 11 August.
- Reynolds, P. D., N. M. Carter, W. B. Gartner, and P. G. Greene (2004). The Prevalence of Nascent Entrepreneurs in the United States: Evidence from the Panel Study of Entrepreneurial Dynamics. *Small Business Economics* 43(4), 263–284.
- Reynolds, P. D. and R. T. Curtin (2009). Business Creation in the United States: Entry, Startup Activities, and the Launch of New Ventures. In *U.S. Small Business Administration, The Small Business Economy: A Report to the President 2008*, Chapter 7.
- Reynolds, P. D., D. Hechavarria, L.(R). Tian, M. Samuelsson, and P. Davidsson (2016). Panel Study of Entrepreneurial Dynamics: A Five Cohort Outcomes Harmonized Data Set. *Research Gate*, DOI: 1.13140/RG.2.1.2561.7682.

- Samadeni, M., M. C. Withers, and S. T. Certo (2014). The Perils of Endogeneity and Instrumental Variables in Strategy Research. *Strategic Management Journal* 35, 1070–1079.
- Schoonhoven, C. B., M. D. Burton, and P. D. Reynolds (2009). Reconceiving the Gestation Window: The Consequences of Competing Definitions of Firm Conception and Birth. In P. Reynolds and R. Curtin (Eds.), *New Firm Creation in the United States: Initial Explorations with the PSED II. Data Set*, Chapter 11, pp. 219–238. NYC: Springer.
- Tornikoski, E. and M. Renko (2014). Timely creation of new organizations - The imprinting effects of entrepreneurs initial founding decision. *M@n@gement* 17(3), 193–213.
- Van Praag, C. M. and P. H. Versloot (2007). What is the value of entrepreneurship? A review of recent research. *Small Business Economics* 29, 351–382.
- Weber, M. (1978). *Economy and Society*. Berkeley, CA: U. of California Press (Translated by Guenther Roth and Claus Wittich).
- Yang, T. and H. E. Aldrich (2012). Out of sight but not of mind: Why failure to account for left truncation biases research on failure rates. *Journal of Business Venturing* 27, 477–492.