

# An Introduction to Matrix Concentration Inequalities

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*Published, sold and distributed by:*

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United States  
Tel. +1-781-985-4510  
[www.nowpublishers.com](http://www.nowpublishers.com)  
[sales@nowpublishers.com](mailto:sales@nowpublishers.com)

*Outside North America:*

now Publishers Inc.  
PO Box 179  
2600 AD Delft  
The Netherlands  
Tel. +31-6-51115274

The preferred citation for this publication is

J. A. Tropp. *An Introduction to Matrix Concentration Inequalities*. Foundations and Trends<sup>®</sup> in Machine Learning, vol. 8, no. 1-2, pp. 1–230, 2015.

*This Foundations and Trends<sup>®</sup> issue was typeset in L<sup>A</sup>T<sub>E</sub>X using a class file designed by Neal Parikh. Printed on acid-free paper.*

ISBN: 978-1-60198-839-3

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Foundations and Trends<sup>®</sup> in Machine Learning  
Vol. 8, No. 1-2 (2015) 1–230  
© 2015 J. A. Tropp  
DOI: 10.1561/22000000048



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## Preface

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In recent years, random matrices have come to play a major role in computational mathematics, but most of the classical areas of random matrix theory remain the province of experts. Over the last decade, with the advent of matrix concentration inequalities, research has advanced to the point where we can conquer many (formerly) challenging problems with a page or two of arithmetic.

My aim is to describe the most successful methods from this area along with some interesting examples that these techniques can illuminate. I hope that the results in these pages will inspire future work on applied random matrix theory as well as refinements of the matrix concentration inequalities discussed herein.

I have chosen to present a coherent body of results based on a generalization of the Laplace transform method for establishing scalar concentration inequalities. In the last two years, Lester Mackey and I, together with our coauthors, have developed an alternative approach to matrix concentration using exchangeable pairs and Markov chain couplings. With some regret, I have chosen to omit this theory because the ideas seem less accessible to a broad audience of researchers. The interested reader will find pointers to these articles in the annotated bibliography.

The work described in these notes reflects the influence of many researchers. These include Rudolf Ahlswede, Rajendra Bhatia, Eric

Carlen, Sourav Chatterjee, Edward Effros, Elliott Lieb, Roberto Imbuzeiro Oliveira, Dénes Petz, Gilles Pisier, Mark Rudelson, Roman Vershynin, and Andreas Winter. I have also learned a great deal from other colleagues and friends along the way.

I would like to thank some people who have helped me improve this work. Several readers informed me about errors in the initial version of this manuscript; these include Serg Bogdanov, Peter Forrester, Nikos Karampatziakis, and Guido Lagos. The anonymous reviewers tendered many useful suggestions, and they pointed out a number of mistakes. Sid Barman gave me feedback on the final revisions to the monograph.

Last, I want to thank Léon Nijensohn for his continuing encouragement. This work is dedicated to my family, to my wife Margot, and my son Benjamin.

I gratefully acknowledge financial support from the Office of Naval Research under awards N00014-08-1-0883 and N00014-11-1002, the Air Force Office of Strategic Research under award FA9550-09-1-0643, and an Alfred P. Sloan Fellowship. Some of this research was completed at the Institute of Pure and Applied Mathematics at UCLA. I would also like to thank the California Institute of Technology and the Moore Foundation.

Joel A. Tropp  
Pasadena, CA  
December 2012

Revised, March 2014, December 2014, and April 2015

## Abstract

Random matrices now play a role in many areas of theoretical, applied, and computational mathematics. Therefore, it is desirable to have tools for studying random matrices that are flexible, easy to use, and powerful. Over the last fifteen years, researchers have developed a remarkable family of results, called *matrix concentration inequalities*, that achieve all of these goals.

This monograph offers an invitation to the field of matrix concentration inequalities. It begins with some history of random matrix theory; it describes a flexible model for random matrices that is suitable for many problems; and it discusses the most important matrix concentration results. To demonstrate the value of these techniques, the presentation includes examples drawn from statistics, machine learning, optimization, combinatorics, algorithms, scientific computing, and beyond.

# 1

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## Introduction

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Random matrix theory has grown into a vital area of probability, and it has found applications in many other fields. To motivate the results in this monograph, we begin with an overview of the connections between random matrix theory and computational mathematics. We introduce the basic ideas underlying our approach, and we state one of our main results on the behavior of random matrices. As an application, we examine the properties of the sample covariance estimator, a random matrix that arises in statistics. Afterward, we summarize the other types of results that appear in this monograph, and we assess the novelties in this presentation.

### 1.1 Historical Origins

Random matrix theory sprang from several different sources in the first half of the 20th century.

**Geometry of Numbers.** Peter Forrester [65, p. v] traces the field of random matrix theory to work of Hurwitz, who defined the invariant integral over a Lie group. Specializing this analysis to the

orthogonal group, we can reinterpret this integral as the expectation of a function of a uniformly random orthogonal matrix.

**Multivariate Statistics.** Another early example of a random matrix appeared in the work of John Wishart [192]. Wishart was studying the behavior of the sample covariance estimator for the covariance matrix of a multivariate normal random vector. He showed that the estimator, which is a random matrix, has the distribution that now bears his name. Statisticians have often used random matrices as models for multivariate data [123, 133].

**Numerical Linear Algebra.** In their remarkable work [189, 74] on computational methods for solving systems of linear equations, von Neumann and Goldstine considered a random matrix model for the floating-point errors that arise from an LU decomposition.<sup>1</sup> They obtained a high-probability bound for the norm of the random matrix, which they interpreted as an estimate for the error the procedure might typically incur. Curiously, in subsequent years, numerical linear algebraists became very suspicious of probabilistic techniques, and only in recent years have randomized algorithms reappeared in this field. See the surveys [120, 80, 193] for more details and references.

**Nuclear Physics.** In the early 1950s, physicists had reached the limits of deterministic analytical techniques for studying the energy spectra of heavy atoms undergoing slow nuclear reactions. Eugene Wigner was the first researcher to surmise that a random matrix with appropriate symmetries might serve as a suitable model for the Hamiltonian of the quantum mechanical system that describes the reaction. The eigenvalues of this random matrix model the possible energy levels of the system. See Mehta's book [128, §1.1] for an account of all this.

In each area, the motivation was quite different and led to distinct sets of questions. Later, random matrices began to percolate into other

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<sup>1</sup>von Neumann and Goldstine invented and analyzed this algorithm before they had any digital computer on which to implement it! See [76] for an historical account.

fields such as graph theory (the Erdős–Rényi model [61] for a random graph) and number theory (as a model for the spacing of zeros of the Riemann zeta function [131]).

## 1.2 The Modern Random Matrix

By now, random matrices are ubiquitous. They arise throughout modern mathematics and statistics, as well as in many branches of science and engineering. Random matrices have several different purposes that we may wish to distinguish. They can be used within randomized computer algorithms; they serve as models for data and for physical phenomena; and they are subjects of mathematical inquiry. This section offers a taste of these applications. Note that the ideas and references here reflect the author's interests, and they are far from comprehensive!

### 1.2.1 Algorithmic Applications

The striking mathematical properties of random matrices can be harnessed to develop algorithms for solving many different problems.

**Computing Matrix Approximations.** Random matrices can be used to develop fast algorithms for computing a truncated singular-value decomposition. In this application, we multiply a large input matrix by a smaller random matrix to extract information about the dominant singular vectors of the input matrix. The seed of this idea appears in [68, 53]. The survey [80] explains how to implement this method in practice, while the two monographs [120, 193] cover more theoretical aspects.

**Sparsification.** One way to accelerate spectral computations on large matrices is to replace the original matrix by a sparse proxy that has similar spectral properties. An elegant way to produce the sparse proxy is to zero out entries of the original matrix at random while rescaling the entries that remain. This approach was proposed in [3, 4], and the papers [2, 105] contain recent innovations. Related ideas play an important role in Spielman and Teng's work [171] on fast algorithms for solving linear systems.

**Subsampling of Data.** In large-scale machine learning, one may need to subsample data randomly to reduce the computational costs of fitting a model. For instance, we can combine random sampling with the Nyström decomposition to obtain a randomized approximation of a kernel matrix. This method was introduced to machine learning by Williams & Seeger [191]. The paper [56] provides the first theoretical analysis, and the survey [70] contains more complete results.

**Dimension Reduction.** To reduce the size of a computational problem, one may apply a randomized projection to the problem data. This idea is used heavily in the theory of algorithms. Many types of dimension reduction are based on properties of random matrices. The two papers [92, 24] established the mathematical foundations of this approach. The earliest applications in computer science appear in the work [112]. Many contemporary variants depend on ideas from [6] and [45].

**Combinatorial Optimization.** One approach to solving a computationally difficult optimization problem is to relax (i.e., enlarge) the constraint set so the problem becomes tractable, to solve the relaxed problem, and then to use a randomized procedure to map the solution back to the original constraint set [17, §4.3]. This technique is called *relaxation and rounding*. For hard optimization problems involving a matrix variable, the analysis of the rounding procedure often involves ideas from random matrix theory [170, 134].

**Compressed Sensing.** When acquiring data about an object with relatively few degrees of freedom as compared with the ambient dimension, we may be able to sieve out the important information from the object by taking a small number of random measurements, where the number of measurements is comparable with the number of degrees of freedom [69, 32, 52]. This observation is now referred to as *compressed sensing*. Random matrices play a central role in the design and analysis of measurement procedures. For example, see [66, 36, 9, 185].

### 1.2.2 Modeling

Random matrices also appear as models for multivariate data or multivariate phenomena. By studying the properties of these models, we may hope to understand the typical behavior of a data-analysis algorithm or a physical system.

**Sparse Approximation for Random Signals.** Sparse approximation has become an important problem in statistics, signal processing, machine learning and other areas. One model for a “typical” sparse signal poses the assumption that the nonzero coefficients that generate the signal are chosen at random. When analyzing methods for identifying the sparse set of coefficients, we must study the behavior of a random column submatrix drawn from the model matrix [177, 176].

**Demixing of Structured Signals.** In data analysis, it is common to encounter a mixture of two structured signals, and the goal is to extract the two signals using prior information about the structures [178, 37]. A common model for this problem assumes that the signals are randomly oriented with respect to each other, which means that it is usually possible to discriminate the underlying structures. Random orthogonal matrices arise in the analysis of estimation techniques for this problem [125, 9, 126].

**Stochastic Block Model.** One probabilistic framework for describing community structure in a network assumes that each pair of individuals in the same community has a relationship with high probability, while each pair of individuals drawn from different communities has a relationship with lower probability. This is referred to as the *stochastic block model* [88]. It is quite common to analyze algorithms for extracting community structure from data by positing that this model holds. See [1] for a recent contribution, as well as a summary of the extensive literature.

**High-Dimensional Data Analysis.** More generally, random models are pervasive in the analysis of statistical estimation proce-

dures for high-dimensional data. Random matrix theory plays a key role in this field [123, 133, 101, 31].

**Wireless Communication.** Random matrices are commonly used as models for wireless channels. See the book of Tulino and Verdú for more information [187].

In these examples, it is important to recognize that random models may not coincide very well with reality, but they allow us to get a sense of what might be possible in some generic cases.

### 1.2.3 Theoretical Aspects

Random matrices are frequently studied for their intrinsic mathematical interest. In some fields, they provide examples of striking phenomena. In other areas, they furnish counterexamples to “intuitive” conjectures. Here are a few disparate problems where random matrices play a role.

**Combinatorics.** An expander graph has the property that every small set of vertices has edges linking it to a large proportion of the other vertices. The expansion property is closely related to the spectral behavior of the adjacency matrix of the graph. The easiest construction of an expander involves a random matrix argument [8, §9.2].

**Numerical Analysis.** For worst-case examples, the Gaussian elimination method for solving a linear system is not numerically stable. In practice, however, stability problems rarely arise. One explanation for this phenomenon is that, with high probability, a small random perturbation of any fixed matrix is well conditioned. As a consequence, it can be shown that Gaussian elimination is stable for most matrices [163].

**High-Dimensional Geometry.** Dvoretzky’s Theorem states that, when  $N$  is large, the unit ball of each  $N$ -dimensional Banach space has a slice of dimension  $n \approx \log N$  that is close to a Euclidean ball with dimension  $n$ . It turns out that a *random* slice of

dimension  $n$  realizes this property [129]. This result can be framed as a statement about spectral properties of a random matrix [75].

**Quantum Information Theory.** Random matrices appear as counterexamples for a number of conjectures in quantum information theory. Here is one instance. In classical information theory, the total amount of information that we can transmit through a pair of channels equals the sum of the information we can send through each channel separately. It was conjectured that the same property holds for quantum channels. In fact, a pair of quantum channels can have strictly larger capacity than a single channel because of entanglement. This result depends on a random matrix construction [84]. See [85] for related work.

### 1.3 Random Matrices for the People

Historically, random matrix theory has been regarded as a very challenging field. Even now, many well-established methods are only comprehensible to researchers with significant experience, and it may take months of intensive effort to prove new results. There are a small number of classes of random matrices that have been studied so completely that we know almost everything about them. Yet, moving beyond this *terra firma*, one quickly encounters examples where classical methods are brittle.

We hope to democratize random matrix theory. This monograph describes tools that deliver useful information about a wide range of random matrices. In many cases, a modest amount of straightforward arithmetic leads to strong results. The methods here should be accessible to computational scientists working in a variety of fields. Indeed, the techniques in this work have already found an extensive number of applications.

### 1.4 Basic Questions in Random Matrix Theory

Random matrices merit special attention because they have spectral properties that are quite different from familiar deterministic matrices.

Here are some of the questions we might want to investigate.

- What is the expectation of the maximum eigenvalue of a random Hermitian matrix? What about the minimum eigenvalue?
- How is the maximum eigenvalue of a random Hermitian matrix distributed? What is the probability that it takes values substantially different from its mean? What about the minimum eigenvalue?
- What is the expected spectral norm of a random matrix? What is the probability that the norm takes a value substantially different from its mean?
- What about the other eigenvalues or singular values? Can we say something about the “typical” spectrum of a random matrix?
- Can we say anything about the eigenvectors or singular vectors? For instance, is each one distributed almost uniformly on the sphere?
- We can also ask questions about the operator norm of a random matrix acting as a map between two normed linear spaces. In this case, the geometry of the domain and codomain play a role.

In this work, we focus on the first three questions above. We study the expectation of the extreme eigenvalues of a random Hermitian matrix, and we attempt to provide bounds on the probability that they take an unusual value. As an application of these results, we can control the expected spectral norm of a general matrix and bound the probability of a large deviation. These are the most relevant problems in many (but not all!) applications. The remaining questions are also important, but we will not touch on them here. We recommend the book [173] for a friendly introduction to other branches of random matrix theory.

## **1.5 Random Matrices as Independent Sums**

Our approach to random matrices depends on a fundamental principle:

**In applications, it is common that a random matrix can be expressed as a sum of independent random matrices.**

The examples that appear in these notes should provide ample evidence for this claim. For now, let us describe a specific problem that will serve as an illustration throughout the Introduction. We hope this example is complicated enough to be interesting but simple enough to elucidate the main points.

### 1.5.1 Example: The Sample Covariance Estimator

Let  $\mathbf{x} = (X_1, \dots, X_p)$  be a complex random vector with zero mean:  $\mathbb{E} \mathbf{x} = \mathbf{0}$ . The *covariance matrix*  $\mathbf{A}$  of the random vector  $\mathbf{x}$  is the positive-semidefinite matrix

$$\mathbf{A} = \mathbb{E}(\mathbf{x}\mathbf{x}^*) = \sum_{j,k=1}^p \mathbb{E}(X_j X_k^*) \cdot \mathbf{E}_{jk} \quad (1.5.1)$$

The star  $*$  refers to the conjugate transpose operation, and the standard basis matrix  $\mathbf{E}_{jk}$  has a one in the  $(j, k)$  position and zeros elsewhere. In other words, the  $(j, k)$  entry of the sample covariance matrix  $\mathbf{A}$  records the covariance between the  $j$ th and  $k$ th entry of the vector  $\mathbf{x}$ .

One basic problem in statistical practice is to estimate the covariance matrix from data. Imagine that we have access to  $n$  independent samples  $\mathbf{x}_1, \dots, \mathbf{x}_n$ , each distributed the same way as  $\mathbf{x}$ . The *sample covariance estimator*  $\mathbf{Y}$  is the random matrix

$$\mathbf{Y} = \frac{1}{n} \sum_{k=1}^n \mathbf{x}_k \mathbf{x}_k^*. \quad (1.5.2)$$

The random matrix  $\mathbf{Y}$  is an unbiased estimator<sup>2</sup> for the sample covariance matrix:  $\mathbb{E} \mathbf{Y} = \mathbf{A}$ . Observe that the sample covariance estimator  $\mathbf{Y}$  fits neatly into our paradigm:

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<sup>2</sup>The formula (1.5.2) supposes that the random vector  $\mathbf{x}$  is known to have zero mean. Otherwise, we have to make an adjustment to incorporate an estimate for the sample mean.

**The sample covariance estimator can be expressed as a sum of independent random matrices.**

This is precisely the type of decomposition that allows us to apply the tools in these notes.

## 1.6 Exponential Concentration Inequalities for Matrices

An important challenge in probability theory is to study the probability that a real random variable  $Z$  takes a value substantially different from its mean. That is, we seek a bound of the form

$$\mathbb{P}\{|Z - \mathbb{E} Z| \geq t\} \leq \underline{\quad ??? \quad} \quad (1.6.1)$$

for a positive parameter  $t$ . When  $Z$  is expressed as a sum of independent random variables, the literature contains many tools for addressing this problem. See [23] for an overview.

For a random matrix  $\mathbf{Z}$ , a variant of (1.6.1) is the question of whether  $\mathbf{Z}$  deviates substantially from its mean value. We might frame this question as

$$\mathbb{P}\{\|\mathbf{Z} - \mathbb{E} \mathbf{Z}\| \geq t\} \leq \underline{\quad ??? \quad}. \quad (1.6.2)$$

Here and elsewhere,  $\|\cdot\|$  denotes the spectral norm of a matrix, also known as the  $\ell_2$  operator norm. As noted, it is frequently possible to decompose  $\mathbf{Z}$  as a sum of independent random matrices. We might even dream that established methods for studying the scalar concentration problem (1.6.1) extend to (1.6.2).

### 1.6.1 The Bernstein Inequality

To explain what kind of results we have in mind, let us return to the scalar problem (1.6.1). First, to simplify formulas, we assume that the real random variable  $Z$  has zero mean:  $\mathbb{E} Z = 0$ . If not, we can center the random variable by subtracting its mean. Second, and more restrictively, we suppose that  $Z$  can be expressed as a sum of independent, real random variables.

To control  $Z$ , we rely on two types of information: global properties of the sum (such as its mean and variance) and local properties of

the summands (such as their maximum fluctuation). These pieces of data are usually easy to obtain. Together, they determine how well  $Z$  concentrates around zero, its mean value.

**Theorem 1.6.1** (Bernstein Inequality). Let  $S_1, \dots, S_n$  be independent, centered, real random variables, and assume that each one is uniformly bounded:

$$\mathbb{E} S_k = 0 \quad \text{and} \quad |S_k| \leq L \quad \text{for each } k = 1, \dots, n.$$

Introduce the sum  $Z = \sum_{k=1}^n S_k$ , and let  $v(Z)$  denote the variance of the sum:

$$v(Z) = \mathbb{E} Z^2 = \sum_{k=1}^n \mathbb{E} S_k^2.$$

Then

$$\mathbb{P} \{|Z| \geq t\} \leq 2 \exp \left( \frac{-t^2/2}{v(Z) + Lt/3} \right) \quad \text{for all } t \geq 0.$$

See [23, §2.8] for a proof of this result. We refer to Theorem 1.6.1 as an *exponential concentration inequality* because it yields exponentially decaying bounds on the probability that  $Z$  deviates substantially from its mean.

### 1.6.2 The Matrix Bernstein Inequality

What is truly astonishing is that the scalar Bernstein inequality, Theorem 1.6.1, lifts directly to matrices. Let us emphasize this remarkable fact:

**There are exponential concentration inequalities for the spectral norm of a sum of independent random matrices.**

As a consequence, once we decompose a random matrix as an independent sum, we can harness global properties (such as the mean and the variance) and local properties (such as a uniform bound on the summands) to obtain detailed information about the norm of the sum. As in the scalar case, it is usually easy to acquire the input data for the inequality. But the output of the inequality is highly nontrivial.

To illustrate these claims, we will state one of the major results from this monograph. This theorem is a matrix extension of Bernstein's inequality that was developed independently in the two papers [138, 183]. After presenting the result, we give some more details about its interpretation. In the next section, we apply this result to study the covariance estimation problem.

**Theorem 1.6.2** (Matrix Bernstein). Let  $\mathbf{S}_1, \dots, \mathbf{S}_n$  be independent, centered random matrices with common dimension  $d_1 \times d_2$ , and assume that each one is uniformly bounded

$$\mathbb{E} \mathbf{S}_k = \mathbf{0} \quad \text{and} \quad \|\mathbf{S}_k\| \leq L \quad \text{for each } k = 1, \dots, n.$$

Introduce the sum

$$\mathbf{Z} = \sum_{k=1}^n \mathbf{S}_k, \tag{1.6.3}$$

and let  $v(\mathbf{Z})$  denote the matrix variance statistic of the sum:

$$\begin{aligned} v(\mathbf{Z}) &= \max \left\{ \|\mathbb{E}(\mathbf{Z}\mathbf{Z}^*)\|, \|\mathbb{E}(\mathbf{Z}^*\mathbf{Z})\| \right\} \\ &= \max \left\{ \left\| \sum_{k=1}^n \mathbb{E}(\mathbf{S}_k\mathbf{S}_k^*) \right\|, \left\| \sum_{k=1}^n \mathbb{E}(\mathbf{S}_k^*\mathbf{S}_k) \right\| \right\}. \end{aligned} \tag{1.6.4}$$

Then, for all  $t \geq 0$ ,

$$\mathbb{P} \left\{ \|\mathbf{Z}\| \geq t \right\} \leq (d_1 + d_2) \cdot \exp \left( \frac{-t^2/2}{v(\mathbf{Z}) + Lt/3} \right). \tag{1.6.5}$$

Furthermore,

$$\mathbb{E} \|\mathbf{Z}\| \leq \sqrt{2v(\mathbf{Z}) \log(d_1 + d_2)} + \frac{1}{3}L \log(d_1 + d_2). \tag{1.6.6}$$

The proof of this result appears in Chapter 6.

To appreciate what Theorem 1.6.2 means, it is valuable to make a direct comparison with the scalar version, Theorem 1.6.1. In both cases, we express the object of interest as an independent sum, and we instate a uniform bound on the summands. There are three salient changes:

- The variance  $v(\mathbf{Z})$  in the result for matrices can be interpreted as the magnitude of the expected squared deviation of  $\mathbf{Z}$  from its

mean. The formula reflects the fact that a general matrix  $\mathbf{B}$  has *two* different squares  $\mathbf{B}\mathbf{B}^*$  and  $\mathbf{B}^*\mathbf{B}$ . For an Hermitian matrix, the two squares coincide.

- The tail bound has a dimensional factor  $d_1 + d_2$  that depends on the size of the matrix. This factor reduces to two in the scalar setting. In the matrix case, it limits the range of  $t$  where the tail bound is informative.
- We have included a bound for  $\mathbb{E} \|\mathbf{Z}\|$ . This estimate is not particularly interesting in the scalar setting, but it is usually quite challenging to prove results of this type for matrices. In fact, the expectation bound is often more useful than the tail bound.

The latter point deserves amplification:

**The expectation bound (1.6.6) is the most important aspect of the matrix Bernstein inequality.**

For further discussion of this result, turn to Chapter 6. Chapters 4 and 7 contain related results and interpretations.

### 1.6.3 Example: The Sample Covariance Estimator

We will apply the matrix Bernstein inequality, Theorem 1.6.2, to measure how well the sample covariance estimator approximates the true covariance matrix. As before, let  $\mathbf{x}$  be a zero-mean random vector with dimension  $p$ . Introduce the  $p \times p$  covariance matrix  $\mathbf{A} = \mathbb{E}(\mathbf{x}\mathbf{x}^*)$ . Suppose we have  $n$  independent samples  $\mathbf{x}_1, \dots, \mathbf{x}_n$  with the same distribution as  $\mathbf{x}$ . Form the  $p \times p$  sample covariance estimator

$$\mathbf{Y} = \frac{1}{n} \sum_{k=1}^n \mathbf{x}_k \mathbf{x}_k^*.$$

Our goal is to study how the spectral-norm distance  $\|\mathbf{Y} - \mathbf{A}\|$  between the sample covariance and the true covariance depends on the number  $n$  of samples.

For simplicity, we will perform the analysis under the extra assumption that the  $\ell_2$  norm of the random vector is bounded:  $\|\mathbf{x}\|^2 \leq B$ . This

hypothesis can be relaxed if we apply a variant of the matrix Bernstein inequality that reflects the typical magnitude of a summand  $\mathbf{S}_k$ . One such variant appears in the formula (6.1.6).

We are in a situation where it is quite easy to see how the matrix Bernstein inequality applies. Define the random deviation  $\mathbf{Z}$  of the estimator  $\mathbf{Y}$  from the true covariance matrix  $\mathbf{A}$ :

$$\mathbf{Z} = \mathbf{Y} - \mathbf{A} = \sum_{k=1}^n \mathbf{S}_k \quad \text{where} \quad \mathbf{S}_k = \frac{1}{n} (\mathbf{x}_k \mathbf{x}_k^* - \mathbf{A}).$$

The random matrices  $\mathbf{S}_k$  are independent, identically distributed, and centered. To apply Theorem 1.6.2, we need to find a uniform bound  $L$  for the summands, and we need to control the matrix variance statistic  $v(\mathbf{Z})$ .

First, let us develop a uniform bound on the spectral norm of each summand. We may calculate that

$$\|\mathbf{S}_k\| = \frac{1}{n} \|\mathbf{x}_k \mathbf{x}_k^* - \mathbf{A}\| \leq \frac{1}{n} (\|\mathbf{x}_k \mathbf{x}_k^*\| + \|\mathbf{A}\|) \leq \frac{2B}{n}.$$

The first relation is the triangle inequality. The second follows from the assumption that  $\mathbf{x}$  is bounded and the observation that

$$\|\mathbf{A}\| = \|\mathbb{E}(\mathbf{x}\mathbf{x}^*)\| \leq \mathbb{E} \|\mathbf{x}\mathbf{x}^*\| = \mathbb{E} \|\mathbf{x}\|^2 \leq B.$$

This expression depends on Jensen's inequality and the hypothesis that  $\mathbf{x}$  is bounded.

Second, we need to bound the matrix variance statistic  $v(\mathbf{Z})$  defined in (1.6.4). The matrix  $\mathbf{Z}$  is Hermitian, so the two squares in this formula coincide with each other:

$$v(\mathbf{Z}) = \|\mathbb{E} \mathbf{Z}^2\| = \left\| \sum_{k=1}^n \mathbb{E} \mathbf{S}_k^2 \right\|.$$

We need to determine the variance of each summand. By direct calculation,

$$\begin{aligned} \mathbb{E} \mathbf{S}_k^2 &= \frac{1}{n^2} \mathbb{E} (\mathbf{x}_k \mathbf{x}_k^* - \mathbf{A})^2 \\ &= \frac{1}{n^2} \mathbb{E} [\|\mathbf{x}_k\|^2 \cdot \mathbf{x}_k \mathbf{x}_k^* - (\mathbf{x}_k \mathbf{x}_k^*) \mathbf{A} - \mathbf{A} (\mathbf{x}_k \mathbf{x}_k^*) + \mathbf{A}^2] \end{aligned}$$

$$\begin{aligned} &\preceq \frac{1}{n^2} [B \cdot \mathbb{E}(\mathbf{x}_k \mathbf{x}_k^*) - \mathbf{A}^2 - \mathbf{A}^2 + \mathbf{A}^2] \\ &\preceq \frac{B}{n^2} \cdot \mathbf{A} \end{aligned}$$

The expression  $\mathbf{H} \preceq \mathbf{T}$  means that  $\mathbf{T} - \mathbf{H}$  is positive semidefinite. We used the norm bound for the random vector  $\mathbf{x}$  and the fact that expectation preserves the semidefinite order. In the last step, we dropped the negative-semidefinite term  $-\mathbf{A}^2$ . Summing this relation over  $k$ , we reach

$$\mathbf{0} \preceq \sum_{k=1}^n \mathbb{E} \mathbf{S}_k^2 \preceq \frac{B}{n} \cdot \mathbf{A}.$$

The sum is a positive-semidefinite matrix because  $\mathbf{S}_k^2$  is positive semidefinite. Extract the spectral norm to arrive at

$$v(\mathbf{Z}) = \left\| \sum_{k=1}^n \mathbb{E} \mathbf{S}_k^2 \right\| \leq \frac{B \|\mathbf{A}\|}{n}.$$

We have now collected the information we need to analyze the sample covariance estimator.

We can invoke the estimate (1.6.6) from the matrix Bernstein inequality, Theorem 1.6.2, with the uniform bound  $L = 2B/n$  and the variance bound  $v(\mathbf{Z}) \leq B \|\mathbf{A}\| / n$ . We attain

$$\mathbb{E} \|\mathbf{Y} - \mathbf{A}\| = \mathbb{E} \|\mathbf{Z}\| \leq \sqrt{\frac{2B \|\mathbf{A}\| \log(2p)}{n}} + \frac{2B \log(2p)}{3n}.$$

In other words, the error in approximating the sample covariance matrix is not too large when we have a sufficient number of samples. If we wish to obtain a relative error on the order of  $\varepsilon$ , we may take

$$n \geq \frac{2B \log(2p)}{\varepsilon^2 \|\mathbf{A}\|}.$$

This selection yields

$$\mathbb{E} \|\mathbf{Y} - \mathbf{A}\| \leq (\varepsilon + \varepsilon^2) \cdot \|\mathbf{A}\|.$$

It is often the case that  $\|\mathbf{A}\| = \text{Const}$  and  $B = \text{Const} \cdot p$ , so we discover that  $n = \text{Const} \cdot \varepsilon^{-2} p \log p$  samples are sufficient for the sample covariance estimator to provide a relatively accurate estimate of the true

covariance matrix  $\mathbf{A}$ . This bound is qualitatively sharp for worst-case distributions.

The analysis in this section applies to many other examples. We encapsulate the argument in Corollary 6.2.1, which we use to study several more problems.

#### 1.6.4 History of this Example

Covariance estimation may be the earliest application of matrix concentration tools in random matrix theory. Mark Rudelson [158], building on a suggestion of Gilles Pisier, showed how to use the noncommutative Khintchine inequality [116, 117, 29, 30] to obtain essentially optimal bounds on the sample covariance estimator of a bounded random vector. The tutorial [188] of Roman Vershynin offers an overview of this problem as well as many results and references. The analysis of the sample covariance matrix here is adapted from the technical report [72]. It leads to a result similar with the one Rudelson obtained in [158].

#### 1.6.5 Optimality of the Matrix Bernstein Inequality

Theorem 1.6.2 can be sharpened very little because it applies to every random matrix  $\mathbf{Z}$  of the form (1.6.3). Let us say a few words about optimality now, postponing the details to §6.1.2.

Suppose that  $\mathbf{Z}$  is a random matrix of the form (1.6.3) where the summands  $\mathbf{S}_k$  are independent and have zero mean. Introduce the quantity

$$L_\star^2 = \mathbb{E} \max_k \|\mathbf{S}_k\|^2.$$

In §6.1.2, we will argue that these assumptions imply

$$\begin{aligned} \text{const} \cdot [v(\mathbf{Z}) + L_\star^2] &\leq \mathbb{E} \|\mathbf{Z}\|^2 \\ &\leq \text{Const} \cdot [v(\mathbf{Z}) \log(d_1 + d_2) + L_\star^2 \log^2(d_1 + d_2)]. \end{aligned} \quad (1.6.7)$$

In other words, the scale of  $\mathbb{E} \|\mathbf{Z}\|^2$  must depend on the matrix variance statistic  $v(\mathbf{Z})$  and the average upper bound  $L_\star^2$  for the summands. The quantity  $L = \sup \|\mathbf{S}_k\|$  that appears in the matrix Bernstein inequality always exceeds  $L_\star$ , sometimes by a large margin, but they capture the same type of information.

The difference between the lower and upper bound in (1.6.7) comes from the dimensional factor  $\log(d_1 + d_2)$ . There are random matrices  $\mathbf{Z}$  for which the lower bound gives a more accurate reflection of  $\mathbb{E}\|\mathbf{Z}\|^2$ , but there are also many random matrices where the upper bound describes the behavior correctly. At present, we do not understand how to distinguish between the two extremes, but some recent progress appears in [186].

The tail bound (1.6.5) provides a useful tool in practice, but it is not necessarily the best way to collect information about large deviation probabilities. To obtain more precise results, we recommend using the expectation bound (1.6.6) to control  $\mathbb{E}\|\mathbf{Z}\|$  and then applying scalar concentration inequalities to estimate  $\mathbb{P}\{\|\mathbf{Z}\| \geq \mathbb{E}\|\mathbf{Z}\| + t\}$ . The book [23] offers a good treatment of the methods that are available for establishing scalar concentration.

## 1.7 The Arsenal of Results

The Bernstein inequality is probably the most familiar exponential tail bound for a sum of independent random variables, but there are many more. It turns out that essentially all of these scalar results admit extensions that hold for random matrices. In fact, many of the established techniques for scalar concentration have analogs in the matrix setting.

### 1.7.1 What's Here...

This monograph focuses on a few key exponential concentration inequalities for a sum of independent random matrices, and it describes some specific applications of these results.

**Matrix Gaussian Series.** A matrix Gaussian series is a random matrix that can be expressed as a sum of fixed matrices, each weighted by an independent standard normal random variable. This formulation includes a surprising number of examples. The most important are undoubtedly Wigner matrices and rectangular Gaussian matrices. Another interesting case is a Toeplitz matrix with Gaussian entries. The analysis of matrix Gaussian series appears in Chapter 4.

**Matrix Rademacher Series.** A matrix Rademacher series is a random matrix that can be written as a sum of fixed matrices, each weighted by an independent Rademacher random variable.<sup>3</sup> This construction includes things like random sign matrices, as well as a fixed matrix whose entries are modulated by random signs. There are also interesting examples that arise in combinatorial optimization. We treat these problems in Chapter 4.

**Matrix Chernoff Bounds.** The matrix Chernoff bounds apply to a random matrix that can be decomposed as a sum of independent, random positive-semidefinite matrices whose maximum eigenvalues are subject to a uniform bound. These results allow us to obtain information about the norm of a random submatrix drawn from a fixed matrix. They are also appropriate for studying the Laplacian matrix of a random graph. See Chapter 5.

**Matrix Bernstein Bounds.** The matrix Bernstein inequality concerns a random matrix that can be expressed as a sum of independent, centered random matrices that admit a uniform spectral-norm bound. This result has many applications, including the analysis of randomized algorithms for matrix sparsification and matrix multiplication. It can also be used to study the random features paradigm for approximating a kernel matrix. Chapter 6 contains this material.

**Intrinsic Dimension Bounds.** Some matrix concentration inequalities can be improved when the random matrix has limited spectral content in most dimensions. In this situation, we may be able to obtain bounds that do not depend on the ambient dimension. See Chapter 7 for details.

We have chosen to present these results because they are illustrative, and they have already found concrete applications.

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<sup>3</sup>A Rademacher random variable takes the two values  $\pm 1$  with equal probability.

### 1.7.2 What's Not Here...

The program of extending scalar concentration results to the matrix setting has been quite fruitful, and there are many useful results beyond the ones that we detail. Let us mention some of the other tools that are available. For further information, see the annotated bibliography.

First, there are additional exponential concentration inequalities for a sum of independent random matrices. All of the following results can be established within the framework of this monograph.

**Matrix Hoeffding.** This result concerns a sum of independent random matrices whose squares are subject to semidefinite upper bounds [183, §7].

**Matrix Bennett.** This estimate sharpens the tail bound from the matrix Bernstein inequality [183, §6].

**Matrix Bernstein, Unbounded Case.** The matrix Bernstein inequality extends to the case where the moments of the summands grow at a controlled rate. See [183, §6] or [101].

**Matrix Bernstein, Nonnegative Summands.** The lower tail of the Bernstein inequality can be improved when the summands are positive semidefinite [124]; this result extends to the matrix setting. By a different argument, the dimensional factor can be removed from this bound for a class of interesting examples [141, Thm. 3.1].

The approach in this monograph can be adapted to obtain exponential concentration for matrix-valued martingales. Here are a few results from this category:

**Matrix Azuma.** This is the martingale version of the matrix Hoeffding bound [183, §7].

**Matrix Bounded Differences.** The matrix Azuma inequality gives bounds for the spectral norm of a matrix-valued function of independent random variables [183, §7].

**Matrix Freedman.** This result can be viewed as the martingale extension of the matrix Bernstein inequality [138, 180].

The technical report [182] explains how to extend other bounds for a sum of independent random matrices to the martingale setting.

*Polynomial moment inequalities* provide bounds for the expected trace of a power of a random matrix. Moment inequalities for a sum of independent random matrices can provide useful information when the summands have heavy tails or else a uniform bound does not reflect the typical size of the summands.

**Matrix Khintchine.** The matrix Khintchine inequality is the polynomial version of the exponential bounds for matrix Gaussian series and matrix Rademacher series. This result is presented in (4.7.1). See the papers [116, 29, 30] or [118, Cor. 7.3] for proofs.

**Matrix Moment Inequalities.** The matrix Chernoff inequality admits a polynomial variant; the simplest form appears in (5.1.9). The matrix Bernstein inequality also has a polynomial variant, stated in (6.1.6). These bounds are drawn from [40, App.].

The methods that lead to polynomial moment inequalities differ substantially from the techniques in this monograph, so we cannot include the proofs here. The annotated bibliography includes references to the large literature on moment inequalities for random matrices.

Recently, Lester Mackey and the author, in collaboration with Daniel Paulin and several other researchers [118, 143], have developed another framework for establishing matrix concentration. This approach extends a scalar argument, introduced by Chatterjee [38, 39], that depends on exchangeable pairs and Markov chain couplings. The *method of exchangeable pairs* delivers both exponential concentration inequalities and polynomial moment inequalities for random matrices, and it can reproduce many of the bounds mentioned above. It also leads to new results:

**Polynomial Efron–Stein Inequality for Matrices.** This bound is a matrix version of the polynomial Efron–Stein inequality [21,

Thm. 1]. It controls the polynomial moments of a centered random matrix that is a function of independent random variables [143, Thm. 4.2].

**Exponential Efron–Stein Inequality for Matrices.** This bound is the matrix extension of the exponential Efron–Stein inequality [22, Thm. 1]. It leads to exponential concentration inequalities for a centered random matrix constructed from independent random variables [143, Thm. 4.3].

Another significant advantage is that the method of exchangeable pairs can sometimes handle random matrices built from dependent random variables. Although the simplest version of the exchangeable pairs argument is more elementary than the approach in this monograph, it takes a lot of effort to establish the more useful inequalities. With some regret, we have chosen not to include this material because the method and results are accessible to a narrower audience.

Finally, we remark that the modified logarithmic Sobolev inequalities of [22, 21] also extend to the matrix setting [42]. Unfortunately, the matrix variants do not seem to be as useful as the scalar results.

In addition to the matrix concentration tools mentioned above, the field of random matrix theory offers a wide range of other methods. For an introduction to some of the major ideas in this area, see the book [173].

## 1.8 About This Monograph

This monograph is intended for graduate students and researchers in computational mathematics who want to learn some modern techniques for analyzing random matrices. The preparation required is minimal. We assume familiarity with calculus, applied linear algebra, the basic theory of normed spaces, and classical probability theory up through the elementary concentration inequalities (such as Markov and Bernstein). Beyond the basics, which can be gleaned from any good textbook, we include all the required background in Chapter 2.

The material here is based primarily on the paper “User-Friendly Tail Bounds for Sums of Random Matrices” by the present author [183]. There are several significant revisions to this earlier work:

**Examples and Applications.** Many of the papers on matrix concentration give limited information about how the results can be used to solve problems of interest. A major part of these notes consists of worked examples and applications that indicate how matrix concentration inequalities apply to practical questions.

**Expectation Bounds.** This work collects bounds for the expected value of the spectral norm of a random matrix and bounds for the expectation of the smallest and largest eigenvalues of a random symmetric matrix. Some of these useful results have appeared piecemeal in the literature [40, 118], but they have not been included in a unified presentation.

**Optimality.** We explain why each matrix concentration inequality is (nearly) optimal. This presentation includes examples to show that each term in each bound is necessary to describe some particular phenomenon.

**Intrinsic Dimension Bounds.** Over the last few years, there have been some refinements to the basic matrix concentration bounds that improve the dependence on dimension [91, 130]. We describe a new framework that allows us to prove these results with ease.

**Lieb’s Theorem.** The matrix concentration inequalities in this monograph depend on a deep theorem [109, Thm. 6] from matrix analysis due to Elliott Lieb. We provide a complete proof of this result, along with all the background required to understand the argument.

**Annotated Bibliography.** We have included a list of the major works on matrix concentration, including a short summary of the main contributions of these papers. We hope this catalog will be a valuable guide for further reading.

The organization of the notes is straightforward. Chapter 2 contains background material that is needed for the analysis. Chapter 3 describes the framework for developing exponential concentration inequalities for matrices. Chapter 4 presents the first set of results and examples, concerning matrix Gaussian and Rademacher series. Chapter 5 introduces the matrix Chernoff bounds and their applications, and Chapter 6 expands on our discussion of the matrix Bernstein inequality. Chapter 7 shows how to sharpen some of the results so that they depend on an intrinsic dimension parameter. Chapter 8 contains the proof of Lieb's theorem. We conclude with resources on matrix concentration and a bibliography.

To make the presentation smoother, we have not followed all of the conventions for scholarly articles in journals. In particular, almost all the citations appear in the notes at the end of each chapter. Our aim has been to explain the ideas as clearly as possible, rather than to interrupt the narrative with an elaborate genealogy of results.

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